

Sleep Over Kit List

All of the items below should be packed into a single bag/rucksack and clearly named

Warm Sleeping Bag & Pillow

Roll Matt (Carry Matt) and blanket (or similar)

Sweatshirt/Jumper (long sleeved and hooded ones are best)

T-Shirts

Trousers (not jeans as these take ages to dry out)

Underwear and Socks

Strong Shoes or Boots

Trainers

Wash Kit and Towels

Torch and spare batteries

Pack of Cards or a small Game

Personal Medications

(all of which should have been notified on consent form)

The following items are banned from the camp and will be taken from the Scouts if

they bring them: mobile phones, personal stereos, IPOD's etc.

If you would like to bring a camera to camp a disposable one is best.

Please Note a small amount of sweets are acceptable however if Scouts turn up with large amounts they will be removed and returned to them before they go home.